

## MESSAGE FROM THE PRESIDENT

Golf in our part of the world may be seasonal but I know many of our members are enjoying some warmth and golf in warmer climates during these winter months. I hope you are one of them. I am also aware that many others are enjoying indoor golf at Golf Without Limits or practicing at the Dome at Max's. Even if you choose to put the clubs away and bring them out in spring, you are a member year round and we want to be in touch with news, and events in these "non-golfing" months.

I hope that all of you had a happy and healthy holiday, and I look forward to seeing all of you at one of our next events. I know that January has a Casino Rama bus trip planned and there is a group of 20 going to Golf Without Limits in February, so if you are interested in these please contact Lisa Narayansingh, our Special Events chair at [lisan@sutherland-schultz.com](mailto:lisan@sutherland-schultz.com).



Diane Williamson  
 President  
 EWGA Waterloo Chapter

## A new EWGA Canada!!

Canada joined the EWGA about ten years ago when Sandra Post introduced it to Canada with the start of the Toronto Chapter with the help of Cheryl Bailey.

Cheryl then went on to begin our Waterloo Region chapter.

Well it is now time for new phase of Canada's growth in the EWGA with the start of EWGA Canada. This will give Canada the ability to attract National sponsors rather than just local sponsors, and offer programs across Canada.

The Toronto Chapter President Jane Watson and I both signed an agreement with Association Headquarters in Florida, and this agreement allows other chapters to start-up as a part of EWGA Canada.

This also means that our new members, and our membership renewals will be handled in Canada, and no longer managed by the Florida Head office. Don't worry, you will still receive your two magazine subscriptions Women's Golf and Golf Digest. We will also continue to participate in the annual conference and all competitive events offered through both Sectional events and Nationals.

The Toronto chapter and I have also signed an agreement with Bond Executive Services to manage our membership database, handle renewals and manage the new EWGA Canada website. I am hopeful that by the time you read this newsletter our new website will be active at [www.ewgacanada.ca](http://www.ewgacanada.ca).

We believe our next chapter will be in London Ontario, and we do hope to grow across Canada. It's a great time to be woman golfer in Canada!

## EWGA Annual Conference report from Amelia Island, Florida

The EWGA has an annual conference which is open to "all members" and this past year it was held in Amelia Island Florida on Oct. 31 - Nov. 4. Some members from other chapters go every year and plan their year around it.

This was the first time I attended, and I felt it was an exceptional experience that I wish all of our members could enjoy.

There were over 400 women from across the U.S. and a good representation from Canada with both Waterloo Region and Toronto being there, six from the Waterloo Region chapter and ten from Toronto chapter.

We enjoyed some excellent golf at three different golf courses on the conference site, inspiring speakers, a costume party for Halloween, Awards presented, and the best part was 400 women hang in' out and enjoyed each others company, and wanting to party!

The next annual conference will be held in February 2009 in Palm Springs, California. That seems a way off, and a long way away, but where else can you golf and party in style with 400 of your girlfriends? You owe yourself to experience this at least once!

Diane Williamson  
 2008 Chapter President

Diane Williamson - Chapter President, with Connie Deckert - Education Chair and this years winner of Canon Business Woman of the Year for the Great Lakes section.



Waterloo Region chapter and the Toronto chapter :  
 A Moment from Amelia Island



Denise Schaefer - Handicap Chair, Nancy Webb - Events Chair, with the Grim Reaper of golf on Halloween, first night of the conference.

New for 2008

# MENTOR PROGRAM



Ladies EWGA Waterloo is pleased to announce the introduction of the "New" Mentor Program. The goal of the program is to place experienced golfers with new golfers. They will play in league nights together and assist the new golfers with some tips, rules help and general encouragement to improve your enjoyment of the game.

I announced the program at the Christmas dinner, I have a list of 16 players already who would like to be mentors but would the list to grow.

## MENTOR GUIDELINES:

- Must be available at least one league night per week.
- Be available other evenings to go to driving range, play a round with mentee on weekends if applicable.
- Have a good understanding of the basic golf rules and etiquette.
- Don't have to be a low handicap, must enjoy golf and want to share that joy of the golf experience.
- I will also be looking for mentees to work with the mentors.

## MENTEE GUIDELINES

- Must be available and plan to play at least one league night per week.
- Be a beginner golfer.
- Want to work on improving their game and enjoyment of golf.
- Be willing to accept feedback from the mentor.
- Placement of the partnerships will be at the discretion of Program Director.
- If you are interested in being a mentor or mentee please contact me at [hudehuma@rogers.com](mailto:hudehuma@rogers.com)

Thanks. Keep Swinging.

Denise Schaefer  
Handicap Chair



# WINTER SPECIAL EVENTS

We have two fun events planned for our members:

## CASINO RAMA BUS TRIP



When: Saturday January 26, 2008

Pick up Place: WALMART Main Entrance - FAIRVIEW MALL 9:30 AM

Pick up Place: 401 & TRAFALGAR CAR PARK (Janet Calderone & Co.) 10:20 am

Arrive at Casino Rama: 12:30 pm

Depart Casino Rama: 5:15 pm

Arrive 401/ Trafalgar: 7:15 pm

Arrive Fairview Mall: 8:00 pm

Cost: No cost

Please contact Lisa Narayansingh at [lisan@hotmail.com](mailto:lisan@hotmail.com) or [lisan@sutherland-schultz.com](mailto:lisan@sutherland-schultz.com) to sign up for this fantastic event.

Maximum 50 people

## GOLF WITHOUT LIMITS NIGHT

When: Friday February 29, 2008

Where: Golf Without Limits Waterloo

Registration: 5:30 pm

Tee Off: 6:00 pm

Cost: \$30/pp (includes golf, appetizers & one drink)

Maximum: 20 people....Book early!!

Come on out for an evening of golf and fun on a winter's evening. It will make the wait for spring shorter! Prizes are available for Longest Drive, Closest to the Pin and a Putting Challenge.

Please contact Lisa Narayansingh at [lisan@hotmail.com](mailto:lisan@hotmail.com) or [lisan@sutherland-schultz.com](mailto:lisan@sutherland-schultz.com) to sign up.



Welcome to new member **Kathleen Miller**, joining the EWGA membership November 2007. Look forward to meeting you on the golf course!!



Dear members, we thought you might like to see how our budget worked out for the past year. We receive \$33. from the membership dues for each member from Florida Head office. You can see our other sources of revenue and our expenses for the year. A big Thank you to our wonderful and hard working Treasurer Peggy Dix who keeps us on track.

- Diane

**EWGA - Waterloo Region**  
Income Statement (Cdn\$)  
For the year ended December 31st

Annual Dues (140 members at \$33 portion of annual fee)	\$4,719.00
Corporate Cash Sponsorship	\$1,550.00
Fundraising (50/50, raffles, etc)	\$2,927.70
<b>Total Cash Revenues</b>	<b>\$9,196.70</b>
Education	(\$398.13)
Advertising	(\$176.70)
Awards/Prizes/Food/Events	(\$763.80)
Website Maintenance	(\$178.60)
Postage/Mailing/Postal Box	(\$218.78)
Bank/credit card/paypal charges	(\$1,118.66)
Directors Insurance	(\$810.00)
Incorporation fees	(\$423.80)
Annual meeting travel (3 people @ \$550)	(\$1,650.00)
Travel to Sectionals	(\$800.00)
Other	(\$303.08)
	(\$6,841.55)
<b>Net Income/(Loss)</b>	<b>\$2,355.15</b>

# SPRING KICK~OFF

Mark Your Calendars!!!



We are booked for **Sunday, April 20th** at The Edelweiss, so set aside the date for the Annual Kick-Off afternoon. Your board is planning already and we love to see all of our members and greet many new members on that day.

*1st Sign that Spring is on the way...*  
League play will be at Doon on Tuesdays and Rockway on Thursdays.  
Cost is \$20 and you will pay at the pro shop rather than purchasing tickets.

## CONNIE'S TIPS

### KEEP MOVING!



CONNIE DECKERT  
CGTF Professional

Since there is now a great deal of snow on the ground, most of us are probably not thinking about golf. Please keep in mind that what you do over the coming months will impact your game next spring.

Whatever you can do over the winter to add to your flexibility and physical strength will pay dividends when you hit the links again.

Downhill skiers will be practicing their weight shift as they come down the slopes!

There is an old saying "Use it or lose it", so keep your body active throughout the coming months!

# Christmas Dinner at Galt Country Club

Everyone had a lovely time at this year's annual Christmas dinner. The meal at Galt Country Club was great and we all enjoyed mingling with each throughout the evening.

Awards were presented to flight winners of the Chapter Championship. A special award for Volunteer of the Year was presented to our fantastic treasurer Peggy Dix.

Guest Sandra Post spoke a few encouraging words to all of us and she donated some of her books and DVD's to use as prizes.

Our members came through is spades when it came to providing prizes that were bid on, won by lucky draw or won as a door prize. Thank you to all concerned!!

Remember to save the last Thursday in November for the 2008 Christmas Dinner.

- Nancy

*Sandra Post paid us a visit, and shared some stories and wisdom with the group.*



*A lucky threesome win some of Wendy Sinden's creations.*

*Christmas came early for Heather.*



*Two tables of Christmas revellers!*



# 2008 EWGA Waterloo Chapter Board Members

*Be Ready  
When The  
Greens Are!*

*Class starts Wednesday,  
January 9th at 5:35 pm*



*Because Membership has  
its privileges!*

## Winter & Spring Pilates Classes for EWGA Members

**EWGA Group Mat  
Class**  
Wednesdays  
5:35 to 6:30

**Special Member  
Rate**  
8 weeks only  
\$99 plus GST

Call or email for more  
information or to register:  
Deanna Zenger  
519.503.5792  
pilatesinmotion@netflash.net

Imagine hitting big and accurate drives, right through to the 18<sup>th</sup> hole?

Big powerful swings come from explosive trunk rotation. Trunk rotation comes from flexibility and mobility in your shoulders, hips and spine. Not to mention a strong core, strong abdominals, your lower back, glutes and pelvic floor muscles. The upper body, back and shoulder muscles are also supported by a strong core allowing them to go through the full range of motion required to coil for that big powerful swing.

The goal of every golfer, regardless of age and skill level, is to hit the golf ball farther, straighter and with more accuracy than they did the day before.

Pilates is different than traditional fitness methods like weight training and cardio. These are valuable training tools, but brute strength and cardio stamina do not translate into success for a golfer as much as core strength, overall stamina, flexibility range of motion all of which result in more yards with lower handicaps. *So ladies...here is your chance! Be ready when the greens are!*



Pilates In Motion is committed to being a sponsor of the EWGA Waterloo Chapter for a second season. Above is one of the programs offered at a special price to our membership. Please take advantage of the deal if you can!

### Do You Know Anyone?

*EWGA Waterloo Region has grown substantially thanks to our Members and our generous Sponsors.*

*Do you know anyone that would have an interest in promoting their business through sponsorship of our association? If so, please contact Karen Keeling (kkeeling@sentex.net) or Merle O'Sullivan (twin2doves@hotmail.com). We would be happy to discuss the benefits our sponsors receive when partnering with EWGA. Perhaps you or your company would want to be part of our winning team.*

Name	Position
Diane Williamson	President
Joan Snyder	Past President
Kelly Sue Labus	Vice President
Cindy Jeanes	Communications
open	Comm. Co-chair
Heather Dayman	Leadership Chair
Judy Reynolds	League Play Chair
Merle O'Sullivan	Sponsorship
Karen Keeling	Co-Sponsorship
Connie Deckert	Education
Sharon Popkey	Secretary
Peggy Dix	Treasurer
Nancy Webb	Events
Laurie Higgenbotham	Events co-chair
Denise Schaefer	Handicap-mentoring
Kristen Porritt	Membership
Lisa Narayansingh	Special events

